



## INFORMED CONSENT AND COUNSELING AGREEMENT

We feel it is important that, as our client(s) you are fully informed about the services you will receive. Your signature indicates you have received, read, and understand your individual rights and responsibilities as it relates to the practices and policies of Axiom Counseling and Therapy Services.

- I understand that during and after the course of treatment, communications with my counselor/therapist will remain private and confidential as mandated by Kansas Law (K.S.A. 65-6410). Certain circumstances may require my counselor/therapist to share or report information obtained during the therapeutic process. Those circumstances are:
  - the client is thought to be a danger to self or others
  - there is reason to suspect abuse or neglect of a child, elderly person, or disabled adult
  - the counselor/therapist is served with a court order
- I give my counselor/therapist permission to consult with other mental health professionals within Axiom Counseling and Therapy Services, LLC for the benefit of my counseling. I understand all other requested communication will require my written consent.
- I understand if I choose to utilize third party payments, my insurance company may require information prior to service. Any information given to a third party payer will be strictly for the benefit of claims submissions.
- I understand my counselor/therapist will not initiate discussions of case information via email or text messaging in order to secure privacy and confidentiality.
- I understand my licensed counselor/therapist is professionally bound by a code of ethics set forth by the American Counseling Association and/or the American Association of Marriage and Family Therapists and I can request a copy of those ethics at any time.

### *Fees and Payments:*

- Individual, Couple, and Family Therapy sessions are billed at \$110.00 per clinical hour (a 50-minute session). Self-pay clients are given a 10% discount (\$99.00).
- Payments are due at the time of service (co-payments for third-party billing included). Cash, checks, and all major credit cards are accepted. We reserve the right to suspend therapy if services are rendered and not paid for after three sessions.
- Cancellations must be made at least 24 hours before your appointment or regular session fees will apply.
- Any legal and/or court related duties from your counselor/therapist will be charged at regular session rates.
- All client files will be automatically be closed following 90 days of no contact between a client and their counselor/therapist.

*Child Care Release:*

Axiom Counseling and Therapy Services, LLC does not provide childcare and is not responsible for children left unsupervised in the lobby. Minors must be picked up following their appointments on time. If you must leave your child in the lobby during a session, it is your responsibility to provide appropriate supervision for that child. Children under the age of 10 may not be left without supervision in the lobby.

*Client Rights:*

- Clients have the right for an explanation of procedures and therapy styles, discussion of therapy progress, and a summary of any test results conducted by their counselor/therapist.
- Clients have the right to discontinue services at any time.
- Clients have the right to a referral from their counselor/therapist.
- Clients have the right to request information on how to file grievances related to their counseling experience.

*Benefits and Risks:*

Challenges in life may lead to isolation, anxiety, depression, or other health related problems. Counseling is a unique experience that promotes emotional healing and growth. Through counseling, you may begin to better understand your emotional needs. Personal insight gives you more confidence in multiple areas which lead to strength and satisfaction in life.

However, counseling can also be difficult and challenging at times. While working to improve the quality of life, discovering the triggers that cause emotional distress in life may cause feelings of fear, anger, and frustration. The journey to emotional health is not always easy, but the professionals at Axiom Counseling and Therapy Services are dedicated to walk with you through your journey with compassion and encouragement.

*Understanding and Agreement:*

I have fully read and accept the disclosed information above. I accept the information and choose to begin counseling/therapy under the guidelines listed.

---

*Client Signature / Authorized Guardian*

---

*Date*

---

*Client Signature / Authorized Guardian*

---

*Date*

---

*Counselor/Therapist Signature*

---

*Date*